PROMOTING CONSCIOUS AND ACTIVE LEARNING AND AGING

HOW TO FACE CURRENT AND FUTURE CHALLENGES?

ALBERTINA LIMA OLIVEIRA (COORD.)
INTRODUCTION: A NEW HUMANISM IS NEEDED...

THE EXPANSION OF CONSCIOUSNESS
AND BROTHERHOOD ARE VITAL

Albertina L. Oliveira

This book is grounded on the basic idea that to promote people's quality of life and increase well-being, we need to face life in all its extension and to involve all individuals, in the most diverse contexts, in learning processes and active aging, increasingly intentional and conscious. It implies that we are able to reflect on the consequences of our acts, in ourselves, in the communities we relate to (family, school, workplace, recreation, culture, leisure time, etc.), in the society to which we belong and in the global world we share.

The challenges and the complexity of the problems at a national and international level are huge, but so are the forces of renewal and reinvention. We need a strong commitment to the construction of fairer societies, more fraternal, more genuine, more open to processes and dynamics of cooperation, not competition; more inclusive and able to stimulate the vast potential that all human beings have for good, more committed to life and the respect for life – the great master who embraces us and who presents, more directly or subtly, growth challenges in order to become better people – able to promote our development and that of the communities in which we participate. Is it possible to develop this

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